



**Cowling Community Primary School PE and Sports' Premium Spend and Impact 2022/2023**  
17,240

Key Achievements to date:	Areas for further improvement and baseline evidence of need (focus for 2022/2023)
<p><b>1. Engagement of pupils in regular physical activity 2021-2022</b></p> <ul style="list-style-type: none"> <li>● An Active Wall was purchased for the KS2 playground</li> <li>● We have purchased the Daily Mile App to record the Daily Mile and all children have taken part. Certificates were given out for milestones achieved.</li> <li>● All children have taken part in cycling/balance bike activities.</li> <li>● Sports Leaders have been trained to deliver a range of activities in the playground</li> <li>● We have completed the virtual challenges across the school with all children - linked to the Skipton Tennis Club partnership</li> <li>● Gold Sports Mark was awarded for participation in sport and physical activity for three years</li> <li>● We have ensured that all children have the opportunity to meet the national Curriculum requirements for swimming.</li> <li>● Swimming lessons were started again in the Summer Term</li> <li>● All children walked the hill linked to their class in the summer Term and have been encouraged to continue this at home, including walking to school.</li> <li>● EYFS results for Moving and Handling 2017-2019 show 100% of pupils achieved the ELG with strong progress from starting points. (2018-19 - 100 % achieved expected and 15 % were accelerated progress, 2017-2018 smaller cohort - 100% achieved expected and 23% showed accelerated progress, 2016-17 100% achieved expected and 14% showed accelerated progress.</li> </ul>	<p><b>1. Engagement of pupils in regular physical activity</b></p> <ul style="list-style-type: none"> <li>● Pupil tracking system to be set up again to enable teachers to encourage least active and increase participation in physical activity through cluster sport competitions.</li> <li>● Train Year 5 and Year 6 as sports leaders again and increase the range of activities on both playgrounds at lunchtime and playtime.</li> <li>● Identify Year 6 children who are unable to swim and continue to take them swimming until February Half term to increase their chance of meeting the National Curriculum requirements</li> <li>● Set up Beep Test to encourage children and staff to beat their personal best <a href="https://www.beepetestguide.com/procedure.htm">https://www.beepetestguide.com/procedure.htm</a></li> <li>● Box2B Fit day - Spring term</li> <li>● Continue with the Daily Mile and competitions with the Active Wall</li> <li>● Range of clubs to be offered to all children</li> <li>● Gathering views of pupils - Pupil survey</li> </ul>
<p><b>2. Raise Profile of PE and Sport</b></p> <ul style="list-style-type: none"> <li>● Sporting events/achievements are recorded on the weekly newsletter</li> <li>●</li> <li>● Sports events are regular feature of weekly newsletter and are celebrated on Facebook page.</li> <li>● Visiting athletes (Olympians, Invictus Games and Commonwealth medallists)</li> <li>● Central display in hall celebrates children's achievements.</li> </ul> <p><b>3. Increase confidence knowledge and skills of all staff in teaching PE and Sport more effectively</b></p>	<p><b>2. Raise Profile of PE and Sport 2022-2023</b></p> <ul style="list-style-type: none"> <li>● Re-introduce Spirit awards for effort and teamwork in celebration assembly</li> <li>● Continue to Ensure sport and activity is a key focus in newsletters and social media.</li> <li>● Update display in hall</li> <li>● Ensure Sports Leaders are given enough training</li> <li>● Raise awareness of Active 30 with children.</li> <li>● Session with olympic athlete to inspire children</li> </ul> <p><b>3. Increase confidence knowledge and skills of all staff in teaching PE and Sport more effectively 2022-2023</b></p> <ul style="list-style-type: none"> <li>● Access Lancashire PE Scheme of work - PE Lead to attend tPE lead to develop PE ladders to show progression in PE</li> </ul>



- All pupils access two hours high quality PE every week developed through coaches working alongside teachers.
- Staff work with coaches in Tennis, Swimming, Rugby and Cycling.
- PE lead has attended training with Lancashire authority to deliver PE scheme of work.
- Staff attended Yoga training through Sportscool and receive regular updates via email

#### **4. Provide a broader range of sports and activities offered to all pupils**

- Year 5 and Year 6 took part in a residential at Ullswater Outward Bound - Year 5/6 children who didn't attend went Caving and Indoor climbing with Multi-Adventures
- Cycle training and success in county cycling championship at Catterick Y5-Y6
- Multi - adventure (Mick Ellerton) carried out outdoor activities with all year groups - KS2 went orienteering offsite and all classes walked up the hill linked to their Class
- All children attended Sandylands for one Inter school activity during the year and developed their own skills
- Year 5/6 children all attended the Brownlee triathlon event

#### **5. Increased Participation in Competitive Sport**

- high attendance at cluster sporting events
- Success in competitive sports:
- School Game Gold Active Mark
- Events attended via South Craven Cluster and other competitions:
  - Cross Country
  - Mixed Football
  - Girls Football
  - Rugby
  - Cricket
  - Basketball
  - Cycling
  - Mini-Olympics
  - Sportshall Athletics

- Continue to embed Yoga across school and PE lead to support staff to do this.
- New member of staff teaching PE to attend course on teaching Gymnastics and Level 5 Primary School PE course via North Yorkshire Sport
- CPD courses for staff to access via Lancashire for new scheme
- Time for PE Lead to monitor teaching of PE using new scheme of work
- Staff survey to find out CPD needed

#### **4. Provide a broader range of sports and activities offered to all 2022-2023**

- Continue to embed yoga practices throughout school.
- Multi-Adventure to be employed again in the Summer Term for orienteering with KS2, outdoor activities, climbing and hill walk
- Walks in the Local Area – Treasure Trails to organise for second half of Spring Term/Summer Term
- Develop resources to provide a wider range of activities e.g. balance bikes
- Bikeability training to take place
- Balance bike training - EYFS progressing to KS1 being able to ride a bike.

#### **5. Increased Participation in Competitive Sport**

- Re-introduce tracking throughout school for children who are participating in competitive activities
- To take part in South Craven cluster competitive sports events and ensure that these are accessed by all pupils
- To be part of the School Sports programme delivered by Skipton Tennis Club
- To continue to raise profile and to develop links with local competitive sports clubs including Upper Wharfedale Rugby, Wharfedale Running Club, Keighley and Craven running club, Bradford City, Skipton Tennis Club
- To introduce children to park run



- Climbing
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<b>Meeting national curriculum requirements for swimming and water safety</b>	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	90%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	74%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	74%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes



<b>Academic Year:</b> 2022-2023	<b>Total fund allocated:</b> £17,197 <b>Total Spent:</b> £11, 712	<b>Date Updated: June 2023</b>		
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:  <p style="text-align: center;"><b>13%</b></p>
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Ensure maximum number of children are active at break and lunchtimes with an improved engagement in physical activity.	<p>Pupil tracking system to be set up again to enable teachers to encourage least active and increase participation in physical activity through cluster sport competitions.</p> <p>Re-introduce sports leaders to engage children in physical activity at playtime and to organise activities in both playground. Order more equipment. Lunchtime staff to monitor children’s activity levels and identify children who are less active. Encourage target children to take part in activities.</p> <p>All children to be able to swim to NC guidelines -Identify Year 6 children who are unable to swim and able swimmers to do water safety rescues</p> <p>All children to increase their physical activity on a daily basis e.g. Daily Mile, Active Wall and achieve success with milestones</p> <p>Set up Beep Test to encourage children and staff to beat their personal best <a href="https://www.beepstestguide.com/procedure.htm">https://www.beepstestguide.com/procedure.htm</a></p>	<p>Time for PE Co-ordinator to complete £200</p> <p>£988 for member of staff £500 for resources</p> <p>£216</p> <p>Cost of Daily Mile App - £250</p>	<p>All children from Year 1 have taken part in sport competitions either Inter School or Intra School via the Skipton Partnership with Skipton Tennis Club or via South Craven Cluster Events</p> <p>Sports Leaders have been trained and we have appointed a member of staff to oversee engagement in activities at playtime and lunchtime</p> <p>Due to staff shortages we have not run this this year</p>	<p>This is an area which we need to develop further next year, ensuring that all children are accessing these activities and targeting the ones who are not engaged.</p> <p>We plan to reinstate it in September</p> <p>Carried forward to next year as a target</p>



Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				10%
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>To use sport as a tool to promote resilience and to improve enjoyment of PE and Sports throughout KS1 and KS2</p> <p>To increase range of sports and physical activities which are available for children to take part in.</p> <p>To raise profile of sports and physical activities in the wider community</p>	<p>Look at Sports Clubs timetable for after school</p> <p>Organise taster sessions for clubs to increase participation</p> <p>Re-introduce Spirit awards for effort and teamwork in celebration assembly</p> <p>Continue to Ensure sport and activity is a key focus in newsletters and social media.</p> <p>Update display in hall</p> <p>Provide coach to train Class 5 Sport Leaders ensuring they perceive their role to be important, evidenced by the commitment they have shown this year</p> <p>Raise awareness of Active 30 with children.</p>	<p>£900</p> <p>Upper Wharfedale</p> <p>£285</p> <p>After school clubs</p>	<p>We have used staff within school to lead clubs - running club, multisports club, cricket club. Pupil Questionnaires were carried out</p> <p>To re-introduce next academic year</p> <p>Sport reports and photos continues to be shared with the school community and celebrated</p> <p>Updated</p> <p>All Year 6s were trained by Ian Simons as sports Leaders</p>	<p>Next year - a calendar of extra-curricular events is going to be created including outside agencies. Some costs will be subsidised by Sports funding</p>



<p><b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b></p>				<p>Percentage of total allocation:</p> <p>Amount for some Staff CPD is included in figure for employment of specialist PE coaches above. In addition: 8%</p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>
<p>To improve the skills and knowledge of staff (teachers, teaching assistants and MSAs) by working alongside specialist sports coaches.</p> <p>Review curriculum ensuring progression in skills and knowledge.</p>	<p>Access Lancashire PE Scheme of work</p> <p>CPD for new member of staff - North Yorkshire Sport</p> <p>Time for PE Lead to monitor teaching of PE using new scheme of work</p> <p>Staff survey to find out CPD needed</p>	<p>£1000</p> <p>£400</p>	<p>Lancashire scheme of work has been rolled out across school. All staff teach from it, it has helped to ensure progression and the teaching of key skills. Staff feel confident in delivering PE</p> <p>Sam Solley has achieved his qualification via North Yorkshire Sport which has improved provision for PE and teaching across the school</p>	<p>Further training required for main PE teacher, including use of the APP for assessment</p>
<p><b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b></p>				<p>Percentage of total allocation: 33%</p> <p>Amount for broadening experiences is included in above sections.</p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>



<p>To identify physical activities pupils like to experience targeting gender and least active.</p> <p>Develop opportunities for pupils to access community sport.</p>	<p>Multi-Adventure to be employed again in the Summer Term for orienteering with KS2, outdoor activities, climbing and hill walk</p> <p>Walks in the Local Area – Treasure Trails to organise for second half of Spring Term/Summer Term</p> <p>Develop resources to provide a wider range of activities e.g. balance bikes, archery</p> <p>All children in Year 5/6 to take part in a Triathlon</p>	<p>Climbing - Year 5/6 (Coach £295, Brimham Rocks £660)</p> <p>Summer Term - £3026</p> <p>Wherside - £900 Coach (295)</p> <p>Coach – Brownlee Traithlon (£345)</p>	<p>All Year groups, including Reception, have taken part in OAA type activities. Year 5 and Year 6 children who didn't attend Residential attended a climbing day to develop some of the skills. All children had a really positive week which helped them to develop their resilience</p> <p>All Children in KS1 took part in a Balance Bike/Cycling day. Balance bikes were borrowed from the Skipton Sports Partnership</p> <p>All children in Year 5/6 attended the Brownlee Triathlon at Bradford Grammar</p>	<p>Need to carry forward to next year</p> <p>Need to purchase balance bikes next year</p>
<p><b>Key indicator 5: Increased participation in competitive sport</b></p>				<p>Percentage of total allocation:</p>
				<p><b>30%</b></p>
<p>School focus with clarity on intended <b>impact on pupils:</b></p> <p>To take part in South Craven Schools Cluster Competitive Sports Events and strive to ensure all pupils receive the most opportunities</p> <p>To continue to develop links with local competitive sports clubs including</p>	<p>Actions to achieve:</p> <p>Re-introduce tracking throughout school for children who are participating in competitive activities</p> <p>To take part in South Craven cluster competitive sports events and ensure that these are accessed by all pupil.</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p> <p>All children from Year 1 have taken part in sport competitions either Inter School or Intra School via the Skipton Partnership with Skipton Tennis Club or via South Craven Cluster Events</p>	<p>Sustainability and suggested next steps:</p>



<p>Wharfedale Rugby Club and Skipton Tennis Club.</p> <p>To be involved in the Skipton Tennis Club package to widen opportunities</p>	<p>To be part of the School Sports programme delivered by Skipton Tennis Club</p> <p>To continue to raise profile and to develop links with local competitive sports clubs including Upper Wharfedale Rugby, Wharfedale Running Club, Keighley and Craven running club, Bradford City, Skipton Tennis Club, High Adventure</p> <p>To introduce children to park runs</p> <p>To take part in a local cycling competition</p>	<p>£1452 Transport - £460</p> <p>Climbing - £10 Rugby - £540</p> <p>£733 Pro Ride – School £200 – minibus to cycling event</p>	<p>All Year 6s attended a Climbing day. Wharfedale Rugby came into school to teach Rugby to all of KS2 Year 5/6 girls attended a taster day at Keighley Rugby Club.</p> <p>We will be inviting the running club children to a junior parkrun event and will be signposting them to local clubs</p> <p>All children took part in a competitive cycling day in school</p>	
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