



North Yorkshire County Caterers – Autumn Term Menu 2017 – Single Menu

	WEEK 1 served w/c: 4 th and 25 th Sept, 16 th Oct, 13 th Nov, 4 th Dec	WEEK 2 served w/c: 11 th Sept, 2 nd and 30 th Oct, 20 th Nov, 11 th Dec	WEEK 3 served w/c: 18 th Sept, 9 th Oct, 6 th and 27 th Nov, 18 th Dec
M O N D A Y	Meat Free Monday Quorn Tikka Masala & Brown Rice Broccoli & Sweetcorn Herbie Bread ***** Sticky Toffee Pudding & Custard Fresh Fruit & Yoghurt	v Organic Pork Meatballs in Tomato sauce with Noodles Sweetcorn Peas Wholemeal Bread ***** Arctic Roll & Peaches Fresh Fruit & Yoghurt	v Roasted Vegetable Tomato Pasta Peas & Carrots Sunflower Seed Bread ***** Chocolate Semolina & Mandarins Fresh Fruit & Yoghurt
T U E S D A Y	Homemade Sausage Roll Chipped Potatoes Baked Beans & Peas Sliced Wholemeal Bread ***** Strawbery Yoghurt & Abbey Biscuit Fresh Fruit & Yoghurt	Cottage Pie Medley of Roasted Vegetables Savoy Cabbage Pitta Bread ***** Apple Cinnamon Crunch Crumble & Custard Fresh Fruit & Yoghurt	Minced Beef & Dumplings Savoy Cabbage & Carrots Creamed Potatoes Crusty White Bread ***** Custard Cookie & Apple Wedge Fresh Fruit
W E D N E S D A Y	Roast Beef & Yorkshire Pudding Roast Parsnips & Carrots Creamed Potatoes Crusty Bread ***** Apricot Bar Fresh Fruit & Yoghurt	Roast Chicken, Stuffing & Gravy Carrots & Green Beans Parsley Potatoes Herbie Bread ***** Krispie Date Crunch Fresh Fruit & Yoghurt	Chicken Korma & Savoury Rice Broccoli & Cauliflower Naan Bread ***** Fruity Gingerbread & Custard Fresh Fruit & Yoghurt
T H U R S D A Y	PMS Chicken Fingers(Sage & Onion) Mixed Salad with Beetroot Baked Potatoes Pitta Bread ***** Pineapple Shortcake & Custard Fresh Fruit & Yoghurt	Pizza Veg Sticks Chipped Potatoes Poppy Seed Bread ***** Chocolate Surprise Cake & Chocolate Sauce	Tex Mex Bake (Minced Beef & Potato layer) Green Salad & Tomato Salsa Poppy Seed Bread ***** Autumn Marble Berry Sponge & Custard Yoghurt & Fresh Fruit
F R I D A Y	Battered Fish Tomato Sauce Peas & Carrots Sticks Potato Wedges Sunflower Seed Bread ***** Chocolate Crispie & Orange Quarter Fresh Fruit & Yoghurt	Breaded Salmon Fillet Tomato Sauce Broccoli & Carrots Potato Wedges Tomato Bread ***** Swiss Bun Fresh Fruit & Yoghurt	Fish Fingers v Cheese & Potato Quesadilla Sweetcorn & Baked Beans Chipped Potatoes Wholemeal Bread ***** Apple Cake Fresh Fruit & Yoghurt